

# LEHI COMMUNITY COUNCIL NEWSLETTER

## OCTOBER 2007



### Lehi Family Week 2007

**November 18-24**

#### **Sunday**

Fireside at LHS 7 p.m.  
Douglas and Janice  
Kapp Perry Family –  
Steven Kapp Perry MC

#### **Monday**

Family Night

#### **Tuesday**

Seasons of Service  
Concert at Thanksgiving  
Point Barn 7 p.m.  
  
½ price movies at  
Thanksgiving Point

2-6 p.m.

#### **Wednesday**

½ price swim at Lehi  
Legacy Center

Free Day at Hutchings  
Museum

#### **Thursday**

Happy Thanksgiving

#### **Friday**

Thanksgiving Point Day  
See flyer for details

#### **Saturday**

Family Dance  
Legacy Center  
7-10 p.m.

## Positive Family Communication

Value Asset # 2

**Kids turn to their parents for support and advice.**

- Have frequent in-depth conversations on a variety of subjects.
- Parents are approachable and available **when kids want to talk.**
- When your kids talk, really listen.
- Attend workshops that promote positive communication.
- The fewer topics you declare “off limits” the more your kids will talk to you.

## Energy Drinks

**Presented by the Utah County  
Division of  
Substance Abuse Prevention**

**Thursday October 4, 2007  
(Not on Friday as usual)**



**7-8 p.m.**

**This workshop is aimed at educating  
the adults in our community  
(presentations for youth are also  
available upon request)**

**Lehi City Council Room at 153 N. 100 E.**

Refreshments

#### **FUTURE TOPICS –**

Nov. 2, 2007 Stress Busting 101 / "How to Not Take it out on Your Dog"  
Dec. 7, 2007 Religious Christmas Traditions around Utah County

**Sponsored by the Lehi Community Council**

Contact Linda Turner at 768-1102

Utah County Suicide Awareness  
Walk and Brochure (see attached  
for information)

### Lehi Sub-4-Santa 2007

We are looking for volunteers as well as families in  
need. Contact Linda Turner 768-1102  
[linda\\_turner123@yahoo.com](mailto:linda_turner123@yahoo.com)

#### Lehi Christmas Celebration

Be looking for a wonderful Lehi Christmas  
Celebration in early December

### Yard of the Month

"Thank you for all of the wonderful nominations we received. It was difficult to choose only 3 winners out of the 12 nominations." We hope that you will again consider these yards and other yards in future months. Our next Yard of the Month will be held during the holiday season for the best decorated homes and then again next spring. Please send your submissions to [lehiyardofthemonth@yahoo.com](mailto:lehiyardofthemonth@yahoo.com) by December 10th. Include the address, phone number, and name of the homeowners, as well as a description as to why you feel this yard should be considered for the Lehi Yard of the Month"

### The Lehi Parks and Trails Advisory Committee



## Service Opportunities:

1. **Lehi Sub-4-Santa** Become part of this valuable group. Prospective Eagles and YW Projects are welcome. Contact Linda Turner 768-1102 or email [linda\\_turner123@yahoo.com](mailto:linda_turner123@yahoo.com)
2. **Lawn Care for Active Military Families.** [www.projectevergreen.com](http://www.projectevergreen.com) and click on Green Care for Troops.
3. **Medical play dolls** - dolls used for patient education and comfort: Dolls made of muslin or skin toned material and stuffed with batting. Doll gowns are also needed. Call for patterns (801) 588-3691. The dolls are used to explain what will happen with their surgery and treatment. Then they have the child draw the face on the doll. They have found that this is a great way for the family and Social Worker to know how the child feels about what is going on with them.

## Free Mental Illness and Support Classes

NAMI UT(national alliance on mental illness) a non-profit organization is now having **FREE BRIDGES** classes at American Fork Hospital starting Wed. Oct. 5th. This class is a support/educational 10-week program for those with mental illness (depression, bipolar, schizophrenia, and other illnesses). For more information please call Tess McCormick at 766-9876 if needed leave a message. There is also a 12-week Family to Family class available to those family members that are effected by mental illness. This class is **FREE** as well. For more information please call Bruce Smith at 225-6890.

If you are interested in learning more about NAMI and its mission please visit the website [www.namiut.org](http://www.namiut.org) .

To submit newsletter items, contact Linda Turner 768-1102 or  
[turlinda@gmail.com](mailto:turlinda@gmail.com)